

Jade Miller

**Author of *Making Lemonade* -
An antidote to the existential crisis**

Bio...

Jade Miller is obsessed with understanding humans, connecting authentically, and uses her passion for communication and creativity to help others find their own sense of purpose.

Jade is a non-fiction writer, and her first book *Making Lemonade* explores ideas about how we can better connect with ourselves and each other to find more meaning in this absurd life.

20 years in communication, marketing and design and a lifetime of neurodivergent hyper-interest in psychology, sociology, culture and creative pursuits, brings a unique perspective to Jade's writing and ideas.

Jade's sense of humour and vulnerability, born from her experiences facing big life challenges, make her writing accessible to a wide audience. She is also a public speaker and workshop facilitator, offering insights and guidance on communication, creativity, and personal growth.

Jade's ultimate goal is to inspire others to live their best lives, to find purpose and meaning in their experiences, and to connect with others on a deeper level. Through her writing, speaking, and workshops, she hopes to create a more compassionate and understanding world, where people are connected to themselves and one another, and not taking things too seriously.



Talk with me about...

- Getting through **CHALLENGES** with humour and vulnerability
- **COMMUNICATION** and simplifying complexity in business or life
- **UNDERSTANDING YOURSELF** through the three P's - Preferences, Priorities and Patterns
- **CONNECTION** and community
- The impacts of society and systems and the complexity of the **HUMAN EXPERIENCE**
- Living with **AUTISM** and **ADHD** (late diagnosis) and **MENTAL HEALTH**
- **HUMAN CENTRED SYSTEMS** and how we can make the world a kinder place

Sample Questions

- What is Making Lemonade all about?
- You've been diagnosed later in life with ADHD and Autism, what has that been like?
- What makes successful communication?
- What are the keys to simplifying complex scenarios?
- What is the meaning of life and why are we here?

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